

- Cut on the outer line to make a square paper.
- Fold the paper in half from corner to corner, both ways (making triangles). Unfold.
- Turn print-side down, and fold the corners inward so they meet in the center.
- Flip over, and fold the new corners to the center so they meet.
- Fold the resulting square half way (not corner to corner). Unfold, then in half the other direction.
- Stick your fingers in the pockets and push outward gently.

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